QUESTION #17

Should laparoscopic vs. open colorectal surgery be used for the elderly?					
POPULATION:	the elderly				
INTERVENTION:	laparoscopic				
COMPARISON:	open colorectal surgery				
MAIN OUTCOMES:	Complications; Length of stay; Readmission;				
SETTING:	Inpatient (EU/USA)				
PERSPECTIVE:					
BACKGROUND:					
CONFLICT OF INTERESTS:					

Problem								
Is the problem a priority?								
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS						
 ○ No ○ Probably no ○ Probably yes ● Yes ○ Varies ○ Don't know 								
Desirable Effects								
How substantial are the desirable anticipated ef	fects?							
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS						
 o Trivial o Small Moderate o Large o Varies 								

o Don't know	Outcomes	tcomes № of participants	Certainty of the evidence	Relative effect	Anticipated abs (95% CI)	solute effects [*]
		(studies) Follow-up	studies) (GRADE) (Follow-up	(95% CI)	Risk with open colorectal surgery	Risk difference with laparoscopic
	Complications	131241	⊕000	RR 0.70	Study populatio	n
		observational studies)	Very low ^a	0.77)	337 per 1,000	101 fewer per 1,000 (121 fewer to 78 fewer)
	Length of stay	87465 (72 observational studies)	⊕○○○ Very low ^a	-	The mean length of stay was 0 days	MD 2.48 days fewer (2.9 fewer to 2.05 fewer)
	Readmission	16075	000	RR 0.85	Study population	
		observational studies)	Very low ^{a,b}	1.34)	100 per 1,000	15 fewer per 1,000 (46 fewer to 34 more)
	a. Cont b. I^2=	tains unmatche =82%	ed data			
Undesirable Effects						
How substantial are the undesirable anticipated	effects?					
UDCEMENT						

JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
o Large o Moderate o Small	None of the outcomes showed undesirable effects with the intervention.	
•Trivial • Varies • Don't know		

Certainty of evidence

What is the overall certainty of the evidence of effects?

IUDGEMENT								
• Very low o Low								
oModerate o High	Outcomes	Importance	Certainty of the evidence (GRADE)					
o No included studies	Complications	CRITICAL	⊕ OOO Very low ^a					
	Length of stay	CRITICAL	⊕000 Very low ^a					
	Readmission	CRITICAL	⊕○○○ Very low ^{a,b}					
	a. Contains unmat b. I^2=82%	tched data						
Values								
Is there important uncertainty about or variabili	ty in how much people value th	e main outcomes?						
JUDGEMENT	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS				
 Important uncertainty or variability Possibly important uncertainty or variability Probably no important uncertainty or variability No important uncertainty or variability 								
Balance of effects	Balance of effects							
Does the balance between desirable and undesi	rable effects favor the intervent	ion or the comparison?						
JUDGEMENT	RESEARCH EVIDENCE		ADDITIONAL CONSIDERATIONS					

 o Favors the comparison o Probably favors the comparison o Does not favor either the intervention or the comparison o Probably favors the intervention o Favors the intervention o Varies o Don't know 		
Acceptability		
Is the intervention acceptable to key stakeholde	rs?	
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
o No o Probably no o Probably yes ● Yes o Varies o Don't know		
Feasibility		
Is the intervention feasible to implement?		
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
 ○ No ○ Probably no ○ Probably yes ● Yes ○ Varies ○ Don't know 		

		JUDGEMENT						
PROBLEM	No	Probably no	Probably yes	Yes		Varies	Don't know	
DESIRABLE EFFECTS	Trivial	Small	Moderate	Large		Varies	Don't know	
UNDESIRABLE EFFECTS	Large	Moderate	Small	Trivial		Varies	Don't know	
CERTAINTY OF EVIDENCE	Very low	Low	Moderate	High			No included studies	

	JUDGEMENT							
VALUES	Important uncertainty or variability	Possibly important uncertainty or variability	Probably no important uncertainty or variability	No important uncertainty or variability				
BALANCE OF EFFECTS	Favors the comparison	Probably favors the comparison	Does not favor either the intervention or the comparison	Probably favors the intervention	Favors the intervention	Varies	Don't know	
ACCEPTABILITY	No	Probably no	Probably yes	Yes		Varies	Don't know	
FEASIBILITY	No	Probably no	Probably yes	Yes		Varies	Don't know	

TYPE OF RECOMMENDATION

Strong recommendation against the intervention	Conditional recommendation against the intervention	Conditional recommendation for either the intervention or the comparison	Conditional recommendation for the intervention	Strong recommendation for the intervention
0	0	0	•	0

CONCLUSIONS

Recommendation

Justification

Subgroup considerations

Implementation considerations

Monitoring and evaluation

Research priorities

QUESTION #18

Should laparoscopic vs. open upper GI surgery be used for the elderly?							
POPULATION:	the elderly						
INTERVENTION:	laparoscopic						
COMPARISON:	open upper GI surgery						
MAIN OUTCOMES:	Complications; Length of stay; Readmission;						
SETTING:	Inpatient (EU/USA)						
PERSPECTIVE:							
BACKGROUND:							
CONFLICT OF INTERESTS:							

Problem Is the problem a priority?							
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS					
O NO O Probably no O Probably yes O Yes O Varies O Don't know							
Desirable Effects How substantial are the desirable anticipated effects?							
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS					

	1						
o Trivial o Small o Moderate	Outcomes	№ of participants (studies) Follow-up	Certainty of the evidence (GRADE)	e Relative effect (95% CI)	Anticipated al (95% CI)	osolute effects [*]	
o Large o Varies o Don't know				(95% CI)	Risk with open upper GI surgery	Risk difference with laparoscopic	
	Complications	10431	0000	RR 0.68	Study populat	ion	
		(18 observational studies)	Very low ^a	(0.56 to 0.82)	222 per 1,000	71 fewer per 1,000 (98 fewer to 40 fewer)	
	Length of stay	4134 (14 observational studies)	⊕⊖⊖⊖ Very low ^a	-	The mean length of stay was 0 days	MD 2.84 days fewer (4.24 fewer to 1.45 fewer)	
	Readmission	328	⊕000	RR 0.40	Study populat	ion	
		(2 observational studies)	Very low ^b	1.10)	78 per 1,000	47 fewer per 1,000 (66 fewer to 8 more)	
	a. Contains unmatched datab. Interval estimates cross statistical and clinical significance thresholds						
Undesirable Effects How substantial are the undesirable anticipated	l effects?						
JUDGEMENT	RESEARCH EVID	ENCE					ADDITIONAL CONSIDERATIONS
o Large o Moderate o Small o Trivial o Varies o Don't know	There were no outcomes with undesirable effects for the intervention.						
Certainty of evidence What is the overall certainty of the evidence of	effects?						
JUDGEMENT	RESEARCH EVID	ENCE					ADDITIONAL CONSIDERATIONS

o Very low o Low	Outcomes	Importance	Certainty of the evidence (GRADE)	
 O Moderate O High O No included studies 	Complications	CRITICAL	⊕⊖⊖⊖ Very low ^a	
	Length of stay	CRITICAL	⊕⊖⊖⊖ Very low ^a	
	Readmission	CRITICAL	⊕⊖⊖⊖ Very low ^b	
	a. Contains unmat b. Interval estimat	ched data tes cross statistical	and clinical significance thresholds	
Values Is there important uncertainty about or variabili	ty in how much people value th	e main outcomes?		
JUDGEMENT	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
 Important uncertainty or variability Possibly important uncertainty or variability Probably no important uncertainty or variability No important uncertainty or variability 				
Balance of effects Does the balance between desirable and undesi	rable effects favor the intervent	ion or the comparison?		
JUDGEMENT	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
 o Favors the comparison o Probably favors the comparison o Does not favor either the intervention or the comparison o Probably favors the intervention o Favors the intervention o Varies o Don't know 				
Acceptability Is the intervention acceptable to key stakeholde	ers?			
JUDGEMENT	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
o No o Probably no o Probably yes o Yes				

o Varies o Don't know		
Feasibility Is the intervention feasible to implement?		
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
o No o Probably no o Probably yes o Yes o Varies o Don't know		

	JUDGEMENT							
PROBLEM	No	Probably no	Probably yes	Yes		Varies	Don't know	
DESIRABLE EFFECTS	Trivial	Small	Moderate	Large		Varies	Don't know	
UNDESIRABLE EFFECTS	Large	Moderate	Small	Trivial		Varies	Don't know	
CERTAINTY OF EVIDENCE	Very low	Low	Moderate	High			No included studies	
VALUES	Important uncertainty or variability	Possibly important uncertainty or variability	Probably no important uncertainty or variability	No important uncertainty or variability				
BALANCE OF EFFECTS	Favors the comparison	Probably favors the comparison	Does not favor either the intervention or the comparison	Probably favors the intervention	Favors the intervention	Varies	Don't know	
ACCEPTABILITY	No	Probably no	Probably yes	Yes		Varies	Don't know	
FEASIBILITY	No	Probably no	Probably yes	Yes		Varies	Don't know	

TYPE OF RECOMMENDATION

Strong recommendation against the intervention	Conditional recommendation against the intervention	Conditional recommendation for either the intervention or the comparison	Conditional recommendation for the intervention	Strong recommendation for the intervention
0	0	0	0	0

CONCLUSIONS

Recommendation

Justification

Subgroup considerations

Implementation considerations

Monitoring and evaluation

Research priorities

QUESTION #19

Should laparoscopic vs. open HPB surgery be used for the elderly?					
POPULATION:	the elderly				
INTERVENTION:	laparoscopic				
COMPARISON:	open HPB surgery				
MAIN OUTCOMES:	Complications; Length of stay; Readmission;				
SETTING:	Inpatient (EU/USA)				
PERSPECTIVE:					
BACKGROUND:					
CONFLICT OF INTERESTS:					

Problem								
Is the problem a priority?	Is the problem a priority?							
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS						
o No o Probably no o Probably yes o Yes o Varies o Don't know								
Desirable Effects								
How substantial are the desirable anticipated ef	fects?							
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS						
o Trivial o Small o Moderate o Large o Varies								

o Don't know	Outcomes № of participants (studies) Follow-up	Nº of participants	e of Certainty of the articipants evidence tudies) (GRADE) Illow-up	Relative effect (95% CI)	Anticipated ab (95% CI)	solute effects [*]	
		(studies) Follow-up			Risk with open HPB surgery	Risk difference with laparoscopic	
	Complications	6222	$\oplus \oplus \odot \odot$	RR 0.60	Study populati	on	
	observationa studies)	observational studies)	Low ^a	(0.50 to 0.71)	305 per 1,000	122 fewer per 1,000 (152 fewer to 88 fewer)	
	Length of stay	5862 (25 observational studies)	⊕⊕○○ Low	-	The mean length of stay was 0 days	MD 3.85 days lower (5.12 lower to 2.59 lower)	
	Readmission	2180	⊕000	RR 0.83	Study population		
		studies)	Very low⁵	1.17)	123 per 1,000	21 fewer per 1,000 (50 fewer to 21 more)	
	a. Com thre b. Inte	nplications: 1^2; sholds rval estimates o	=68%, howeve	r interval hresholds	estimates be	yond decision	
Undesirable Effects							
How substantial are the undesirable anticipated	effects?						
JUDGEMENT	RESEARCH EVID	ENCE					ADDITIONAL CONSIDERATIONS
o Large o Moderate o Small	There were no o	utcomes with unde	esirable effects for	the interver	ntion.		

JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS					
o Large o Moderate o Small o Trivial o Varies o Don't know	There were no outcomes with undesirable effects for the intervention.						

Certainty of evidence

What is the overall certainty of the evidence of effects?

JUDGEMENT	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
o Very low o Low	Outcomes	Importance	Certainty of the evidence (GRADE)	
 Moderate High No included studies 	Complications	CRITICAL	⊕⊕○○ Lowª	
	Length of stay	CRITICAL	⊕⊕○○ Low	
	Readmission	CRITICAL	⊕ O Very low ^b	
	a. Complications: thresholds b. Interval estimat	I^2=68%, howeve	r interval estimates beyond decision hresholds	
Values				•
Is there important uncertainty about or variabili	ity in how much people value th	e main outcomes?		
JUDGEMENT	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
 Important uncertainty or variability Possibly important uncertainty or variability Probably no important uncertainty or variability No important uncertainty or variability 				
Balance of effects				
Does the balance between desirable and undes	irable effects favor the intervent	ion or the comparison?		
	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
 Probably favors the comparison Probably favors the comparison Does not favor either the intervention or the comparison Probably favors the intervention Favors the intervention Varies Don't know 				

Acceptability

Is the intervention acceptable to key stakeholders?							
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS					
o No o Probably no o Probably yes o Yes o Varies o Don't know							
Feasibility							
Is the intervention feasible to implement?							
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS					
o No o Probably no o Probably yes o Yes o Varies o Don't know							

SUMMARY OF JUDGEMENTS

	JUDGEMENT							
PROBLEM	No	Probably no	Probably yes	Yes		Varies	Don't know	
DESIRABLE EFFECTS	Trivial	Small	Moderate	Large		Varies	Don't know	
UNDESIRABLE EFFECTS	Large	Moderate	Small	Trivial		Varies	Don't know	
CERTAINTY OF EVIDENCE	Very low	Low	Moderate	High			No included studies	
VALUES	Important uncertainty or variability	Possibly important uncertainty or variability	Probably no important uncertainty or variability	No important uncertainty or variability				
BALANCE OF EFFECTS	Favors the comparison	Probably favors the comparison	Does not favor either the intervention or the comparison	Probably favors the intervention	Favors the intervention	Varies	Don't know	
ACCEPTABILITY	No	Probably no	Probably yes	Yes		Varies	Don't know	
FEASIBILITY	No	Probably no	Probably yes	Yes		Varies	Don't know	

TYPE OF RECOMMENDATION

Strong recommendation against the intervention	Conditional recommendation against the intervention	Conditional recommendation for either the intervention or the comparison	Conditional recommendation for the intervention	Strong recommendation for the intervention
0	0	0	0	0

CONCLUSIONS

Recommendation
Justification
Subgroup considerations
Implementation considerations
Monitoring and evaluation

Research priorities

QUESTION #20

Should laparoscopic vs. open hernia surgery be used for the elderly?						
POPULATION:	the elderly					
INTERVENTION:	laparoscopic					
COMPARISON:	open hernia surgery					
MAIN OUTCOMES:	Complications; Length of stay;					
SETTING:	Inpatient (EU/USA)					
PERSPECTIVE:						
BACKGROUND:						
CONFLICT OF INTERESTS:						

Problem Is the problem a priority?							
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS					
O NO O Probably no O Probably yes O Yes O Varies O Don't know							
Desirable Effects How substantial are the desirable anticipated effects?							
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS					

o Trivial o Small o Moderate	Outcomes	outcomes № of participants		Relative effect	Anticipated at (95% CI)	solute effects*	
0 Large		Follow-up	(GRADE)	(95% CI)	Risk with	Risk difference	
o Varies					open hernia	with	
					surgery	laparoscopic	
	Complications	29285 (5	$\oplus \bigcirc \bigcirc \bigcirc$	RR 0.68 (0.38 to	Study populati	on	
		observational studies)	Very low ^{a,b,c}	1.22)	93 per 1,000	30 fewer per 1,000 (58 fewer to 20 more)	
	Length of stay	29040 (5 observational studies)	⊕⊖⊖⊖ Very low ^{d,e,f}	-	The mean length of stay was 0 days	MD 5.08 days fewer (10.6 fewer to 0.44 more)	
	 a. High risk of bias in 2 out of 3 studies b. 1²=67% c. Interval estimates cross decision thresholds d. High or unclear risk of bias in 4 out of 5 studies e. 1²=99% f. Interval estimates cross decision thresholds 						
Undesirable Effects How substantial are the undesirable anticipated	l effects?						
JUDGEMENT	RESEARCH EVID	ENCE					ADDITIONAL CONSIDERATIONS
o Large o Moderate o Small o Trivial o Varies o Don't know	There were no outcomes with undesirable effects for the intervention, however, none of the included studies reported readmission rates, which was a critical outcome.						
Certainty of evidence What is the overall certainty of the evidence of effects?							
JUDGEMENT	RESEARCH EVIDENCE						ADDITIONAL CONSIDERATIONS

o Very low o Low	Outcomes	Importance	Certainty of the evidence (GRADE)	
 Moderate 				
0 High	Complications	CRITICAL	\oplus	
• No included studies			Very low ^{a,b,c}	
	Length of stay	CRITICAL	$\oplus \bigcirc \bigcirc \bigcirc$	
			Very low ^{d,e,f}	
	 a. High risk of bias b. 1²=67% c. Interval estimated. High or unclear 	s in 2 out of 3 stud tes cross decision t risk of bias in 4 ou	ies hresholds It of 5 studies	
	e. 1 ² =99% f. Interval estimat	tes cross decision t	hresholds	
Values Is there important uncertainty about or variabili	ity in how much people value th	e main outcomes?		
JUDGEMENT	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
 Important uncertainty or variability Possibly important uncertainty or variability Probably no important uncertainty or variability No important uncertainty or variability 				
Balance of effects Does the balance between desirable and undesi	irable effects favor the intervent	ion or the comparison?	,	
JUDGEMENT	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
 O Favors the comparison O Probably favors the comparison O Does not favor either the intervention or the comparison O Probably favors the intervention O Favors the intervention O Varies O Don't know 				
Acceptability Is the intervention acceptable to key stakeholde	ers?			
JUDGEMENT	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
o No o Probably no o Probably yes o Yes				

o Varies o Don't know		
Feasibility Is the intervention feasible to implement?		
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
o No o Probably no o Probably yes o Yes o Varies o Don't know		

	JUDGEMENT								
PROBLEM	No	Probably no	Probably yes	Yes		Varies	Don't know		
DESIRABLE EFFECTS	Trivial	Small	Moderate	Large		Varies	Don't know		
UNDESIRABLE EFFECTS	Large	Moderate	Small	Trivial		Varies	Don't know		
CERTAINTY OF EVIDENCE	Very low	Low	Moderate	High			No included studies		
VALUES	Important uncertainty or variability	Possibly important uncertainty or variability	Probably no important uncertainty or variability	No important uncertainty or variability					
BALANCE OF EFFECTS	Favors the comparison	Probably favors the comparison	Does not favor either the intervention or the comparison	Probably favors the intervention	Favors the intervention	Varies	Don't know		
ACCEPTABILITY	No	Probably no	Probably yes	Yes		Varies	Don't know		
FEASIBILITY	No	Probably no	Probably yes	Yes		Varies	Don't know		

TYPE OF RECOMMENDATION

Strong recommendation against the intervention	Conditional recommendation against the intervention	Conditional recommendation for either the intervention or the comparison	Conditional recommendation for the intervention	Strong recommendation for the intervention
0	0	0	0	0

CONCLUSIONS

Recommendation

Justification

Subgroup considerations

Implementation considerations

Monitoring and evaluation

Research priorities

QUESTION #21

Should ERAS vs. Conventional Care be used for Colorectal Surgery in Elderly Patients ?						
POPULATION:	Colorectal Surgery in Elderly Patients					
INTERVENTION:	ERAS					
COMPARISON:	Conventional Care					
MAIN OUTCOMES:	Complications (30d); Hospital Length of Stay (LOS); Readmissions;					
SETTING:						
PERSPECTIVE:						
BACKGROUND:						
CONFLICT OF INTERESTS:						

Problem Is the problem a priority?							
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS					
 No Probably no Probably yes Yes Varies Don't know 							
Desirable Effects How substantial are the desirable anticipated effects?							
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS					
o Trivial o Small o Moderate • Large o Varies o Don't know							
Undesirable Effects How substantial are the undesirable anticipated effects?							
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS					

 o Large o Moderate Small o Trivial o Varies o Don't know 	Outcomes	№ of participants (studies) Follow-upCertainty of the evidence (GRADE)Relative effect (95% CI)Anticipa CI)Risk with Convent Care		Anticipated absolu Cl) Risk with Conventional Care	te effects* (95% Risk difference with ERAS	Must consider patients that live far from operative institution and that may be a greater harm than one who lives close by Any positive impact should be considered to patients, so should not be trivial Readmission practices ranges in other countries and can be a huge burden to patients	
	Readmissions	150	AAOO	OR 1.22	Study population		
		(1 RCT)	Low ^a	(0.35 to 4.18)	67 per 1,000	13 more per 1,000 (42 fewer to 163 more)	
	a. Ver con mea larg	y small samp fidence interv aningfulness. e harms.	le size and ever al that crosses The estimated o				
Certainty of evidence What is the overall certainty of the evidence of e	effects?						
JUDGEMENT	RESEARCH EVIDENCE						ADDITIONAL CONSIDERATIONS
o Very Iow o Low • Moderate		Outcomes	Im	portance	Certainty of th (GRAI	e evidence DE)	
o High o No included studies	Со	mplications (30d) (CRITICAL	⊕⊕∉ Moder) ate ^a	
	Hospita	l Length of Stay	(LOS) C	CRITICAL	⊕⊕∉ Moder) ate ^b	
		Readmissions	C	CRITICAL	⊕⊕C _{Low}		
	 a. The number of events is below the threshold of 300, hence the certainty was downgraded for imprecision. b. Two trials had a high risk of boas due to lack of reporting of loss to follow up, missingness, and planned statistical analysis. c. Very small sample size and even smaller event rate in conjunction with a confidence interval that crosses multiple standards of clinical meaningfulness. The estimated effects ranges from moderate benefit to large harms. 						

Values Is there important uncertainty about or variability in how much people value the main outcomes?							
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS					
 O Important uncertainty or variability O Possibly important uncertainty or variability Probably no important uncertainty or variability Variability O No important uncertainty or variability 		Because there was no patient representation, experts thought there may be patients that would value different outcomes.					
Balance of effects Does the balance between desirable and undesi	rable effects favor the intervention or the comparison?						
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS					
 o Favors the comparison o Probably favors the comparison o Does not favor either the intervention or the comparison o Probably favors the intervention o Favors the intervention o Varies o Don't know 							
Acceptability Is the intervention acceptable to key stakeholde	rs?						
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS					
o No o Probably no o Probably yes • Yes o Varies o Don't know							
Feasibility Is the intervention feasible to implement?							
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS					
o No o Probably no • Probably yes o Yes o Varies o Don't know		Patients that live far away may not be appropriate for ERAS Literacy, language, transportation, lack of home support,					

	JUDGEMENT						
PROBLEM	No	Probably no	Probably yes	Yes		Varies	Don't know
DESIRABLE EFFECTS	Trivial	Small	Moderate	Large		Varies	Don't know
UNDESIRABLE EFFECTS	Large	Moderate	Small	Trivial		Varies	Don't know
CERTAINTY OF EVIDENCE	Very low	Low	Moderate	High			No included studies
VALUES	Important uncertainty or variability	Possibly important uncertainty or variability	Probably no important uncertainty or variability	No important uncertainty or variability			
BALANCE OF EFFECTS	Favors the comparison	Probably favors the comparison	Does not favor either the intervention or the comparison	Probably favors the intervention	Favors the intervention	Varies	Don't know
ACCEPTABILITY	No	Probably no	Probably yes	Yes		Varies	Don't know
FEASIBILITY	No	Probably no	Probably yes	Yes		Varies	Don't know

TYPE OF RECOMMENDATION

Strong recommendation against the intervention	Conditional recommendation against the intervention	Conditional recommendation for either the intervention or the comparison	Conditional recommendation for the intervention	Strong recommendation for the intervention
0	0	0	0	•

CONCLUSIONS

Recommendation

There is no discussion that ERAS is an advantage, the problem is implementing it in 100% patients for reasons mentioned above. Need institutional help to implement to everyone.

Justification

Subgroup considerations

Implementation considerations

More support of ERAS programs for patients outside of the hospital, social support

Monitoring and evaluation

Research priorities

More standardized data collection and definitions to collect better evidence Multi-institutional studies with collaborative groups Develop registries for large, international studies

QUESTION #22

Should ERAS vs. Conventional Care be used for Gastric Surgery in Elderly Patients ?					
POPULATION:	Gastric Surgery in Elderly Patients				
INTERVENTION:	ERAS				
COMPARISON:	Conventional Care				
MAIN OUTCOMES:	30d Complications; Hospital Length of Stay (LOS); Readmissions;				
SETTING:					
PERSPECTIVE:					
BACKGROUND:					
CONFLICT OF INTERESTS:					

Problem Is the problem a priority?						
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS				
 O No O Probably no O Probably yes Yes O Varies O Don't know 						
Desirable Effects How substantial are the desirable anticipated effects?						
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS				

							1
o Trivial • Small • Moderate	Outcomes	Nº of participants	Certainty of the evidence	Relative effect (95% CI)	Anticipated absolu CI)	ite effects [*] (95%	Trivial Complications, but easily changed with more data
o Large o Varies o Don't know		(studies) Follow-up	(GRADE)		Risk with Risk Conventional difference Care with ERAS	Risk difference with ERAS	
	30d	299	000	OR 1.01	Study population		
	Complications	(2 RCTs)	Very low ^{a,b,c}	(0.17 to 5.97)	527 per 1,000	2 more per 1,000 (368 fewer to 342 more)	
	Hospital Length of Stay (LOS)	1 299 (2 RCTs)	⊕⊕⊖⊖ Low ^{a,d}	-	The mean hospital Length of Stay (LOS) was 0 days	MD 0.83 days lower (1.65 lower to 0.01 lower)	
Undesirable Effects	 a. Although one trial was well done, the other included study did not explain the randomization process well and the groups were not compared enough to know if the randomization was well done b. The two included studies had opposite findings, with one demonstrating less complications with ERAS and the other less with conventional care. This may be explained by the lack of definition of complications and unknown comparability between cohorts in the high risk of bias trial. c. In addition to the small sample size and relatively small event size, there is a wide confidence interval with the estimated effects ranging from large benefit to large harm with ERAS. d. The small sample size increases the fragility of this outcome. 						
How substantial are the undesirable anticipated	effects?						
JUDGEMENT	RESEARCH EVID	ENCE					ADDITIONAL CONSIDERATIONS
o Largeo Moderateo Small	Outcomes	Nº of participants (ctudios)	Certainty of the evidence	Relative effect	Anticipated absolu Cl)	te effects [*] (95%	
o Trivial o Varies o Don't know		Follow-up	(GRADE)	(95% CI)	Risk with Conventional Care	Risk difference with ERAS	
	Readmissions	299	$\Theta \Theta O O$	OR 3.88	Study population		
		(2 KUIS)	Low ^{a,b}	(1.22 to 12.35)	27 per 1,000	69 more per 1,000	

(6 more to 226 more)

Certainty of evidence	 a. Although one trial was wel explain the randomization compared enough to know b. There was a small number crosses minimally important 	I done, the othe process well an if the randomiz of events and a nt differences.	er included study did not d the groups were not ration was well done a confidence interval that	
What is the overall certainty of the evidence of	effects?			
JUDGEMENT	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
o Very low • Low	Outcomes	Importance	Certainty of the evidence (GRADE)	
 Moderate High No included studies 	30d Complications	CRITICAL	⊕⊖⊖⊖ Very low ^{a,b,c}	
	Hospital Length of Stay (LOS)	CRITICAL		
	Readmissions	CRITICAL	€⊕⊖⊖ Low ^{a,e}	
	 a. Although one trial was well done, the other included study did not explain the randomization process well and the groups were not compared enough to know if the randomization was well done b. The two included studies had opposite findings, with one demonstrating less complications with ERAS and the other less with conventional care. This may be explained by the lack of definition of complications and unknown comparability between cohorts in the high risk of bias trial. c. In addition to the small sample size and relatively small event size, there is a wide confidence interval with the estimated effects ranging from large benefit to large harm with ERAS. d. The small sample size increases the fragility of this outcome. e. There was a small number of events and a confidence interval that crosses minimally important differences. 			
Values Is there important uncertainty about or variabil	ity in how much people value the main outcon	nes?		
JUDGEMENT	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
 Important uncertainty or variability Possibly important uncertainty or variability Probably no important uncertainty or variability No important uncertainty or variability 				Long distance traveled patients – readmissions and LOS may be more important than Cxs as they are very impactful

Balance of effects Does the balance between desirable and undesirable effects favor the intervention or the comparison?						
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS				
 o Favors the comparison o Probably favors the comparison o Does not favor either the intervention or the comparison o Probably favors the intervention o Favors the intervention o Varies o Don't know 		Readmissions more important to patients than LOS which may				
Acceptability Is the intervention acceptable to key stakeholders?						
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS				
 O No O Probably no O Probably yes Yes O Varies O Don't know 						
Feasibility Is the intervention feasible to implement?						
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS				
O NO O Probably no • Probably yes O Yes O Varies O Don't know		Global considerations – local culture, MIS technology, no follow up due to long distances traveled Long distance for patients, social support Need close follow up after discharge Need institutional support to implement				

	JUDGEMENT						
PROBLEM	No	Probably no	Probably yes	Yes		Varies	Don't know
DESIRABLE EFFECTS	Trivial	Small	Moderate	Large		Varies	Don't know
UNDESIRABLE EFFECTS	Large	Moderate	Small	Trivial		Varies	Don't know
CERTAINTY OF EVIDENCE	Very low	Low	Moderate	High			No included studies

	JUDGEMENT							
VALUES	Important uncertainty or variability	Possibly important uncertainty or variability	Probably no important uncertainty or variability	No important uncertainty or variability				
BALANCE OF EFFECTS	Favors the comparison	Probably favors the comparison	Does not favor either the intervention or the comparison	Probably favors the intervention	Favors the intervention	Varies	Don't know	
ACCEPTABILITY	No	Probably no	Probably yes	Yes		Varies	Don't know	
FEASIBILITY	No	Probably no	Probably yes	Yes		Varies	Don't know	

TYPE OF RECOMMENDATION

Strong recommendation against the intervention	Conditional recommendation against the intervention	Conditional recommendation for either the intervention or the comparison	Conditional recommendation for the intervention	Strong recommendation for the intervention
0	0	•	0	0

CONCLUSIONS

Recommendation

Justification

Subgroup considerations

Implementation considerations

Monitoring and evaluation

Research priorities

Need ERAS implementation studies in resource limited environments Multi-institutional RCT looking at ERAS in gastric surgery in <u>elderly patients</u> At least prospective observational studies due to feasibility issues of doing RCT

QUESTION #23

Should ERAS vs. Conventional Care be used for HPB Surgery in Elderly Patients ?					
POPULATION:	HPB Surgery in Elderly Patients				
INTERVENTION:	ERAS				
COMPARISON:	Conventional Care				
MAIN OUTCOMES:	30day Complications; Length of Stay; Readmission;				
SETTING:					
PERSPECTIVE:					
BACKGROUND:					
CONFLICT OF INTERESTS:					

Problem Is the problem a priority?							
JUDGEMENT	RESEARCH EVIDE	NCE					ADDITIONAL CONSIDERATIONS
o No o Probably no o Probably yes • Yes o Varies o Don't know							
Desirable Effects How substantial are the desirable anticipated eff	fects?						
JUDGEMENT	RESEARCH EVIDE	NCE					ADDITIONAL CONSIDERATIONS
o Trivial • Small • Moderate	Outcomes	№ of participants (studies) Follow-up	Certainty of the evidence (GRADE)	Relative effect (95% Cl)	Anticipated absolute effects [*] (95% CI)		
o Large o Varies o Don't know	(F				Risk with Conventional Care	Risk difference with ERAS	
	30day	265	000	OR 0.69	Study population		
	Complications (2 observational studies)	Very low ^{a,b,c}	(0.11 to 4.37)	405 per 1,000	85 fewer per 1,000 (335 fewer to 343 more)		

	Length of Stay	265 (2 observational studies)	⊕⊖⊖⊖ Very low ^{a,d}	-	The mean length of Stay was 0 days	MD 2.03 days lower (5.01 lower to 0.95 higher)	
	Readmission	265	000	OR 0.64	Study population		
		(2 observational studies)	Very low ^{a,c}	(0.20 to 2.06)	87 per 1,000	29 fewer per 1,000 (68 fewer to 77 more)	
	a. Both Newo patie follov b. The t heter c. The i confi large d. Smal outco	studies were j castle-Ottawa s nts were selec w up. two included st rogeneity into s considerable dence intervals harms. Il sample sizes ome.	udged to be of Scale. This was ted for either i tudies had opport the analysis (12 imprecision du s. The estimate increases the	⁵ high risk s due to u nterventic osite findi 2 84%). ue to sma ed effects fragility a	of bias based or nclear descriptio on and lack of re ngs which introd Il sample sizes a range from large nd thus imprecis	n the n of how porting on luces nd large e benefit to ion of this	
Undesirable Effects How substantial are the undesirable anticipated	l effects?						
JUDGEMENT	RESEARCH EVIDE	NCE					ADDITIONAL CONSIDERATIONS
 o Large o Moderate o Small o Trivial o Varies o Don't know 	There were no undesirable effects with ERAS for any critical outcomes.						
Certainty of evidence What is the overall certainty of the evidence of	effects?						
JUDGEMENT	RESEARCH EVIDE	INCE					ADDITIONAL CONSIDERATIONS

• Very low			Cortainty of the evidence	
o Low	Outcomes	Importance	(GRADE)	
o Moderate	30day Complications	CRITICAL	A OOO	
o No included studies			Very low ^{a,b,c}	
	Length of Stay	CRITICAL	⊕⊖⊖⊖ Very low ^{a,d}	
	Readmission	CRITICAL	⊕⊖⊖⊖ Very low ^{a,c}	
Values	 a. Both studies were jud Newcastle-Ottawa Sca patients were selected follow up. b. The two included stud heterogeneity into the c. The is considerable in confidence intervals. d. Small sample sizes in outcome. 	ged to be of high ale. This was due d for either interv lies had opposite analysis (1 ² = 8 aprecision due to The estimated ef creases the fragi		
Is there important uncertainty about or variabili	ty in how much people value the main o	outcomes?		
JUDGEMENT	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
 Important uncertainty or variability Possibly important uncertainty or variability Probably no important uncertainty or variability No important uncertainty or variability 				
Balance of effects Does the balance between desirable and undesi	rable effects favor the intervention or t	he comparison?		
JUDGEMENT	RESEARCH EVIDENCE			
 O Favors the comparison O Probably favors the comparison O Does not favor either the intervention or the comparison Probably favors the intervention O Favors the intervention O Varies O Don't know 				

Acceptability Is the intervention acceptable to key stakeholders?						
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS				
o No o Probably no o Probably yes • Yes o Varies o Don't know						
Feasibility Is the intervention feasible to implement?						
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS				
o No o Probably no • Probably yes o Yes o Varies o Don't know						

	JUDGEMENT							
PROBLEM	No	Probably no	Probably yes	Yes		Varies	Don't know	
DESIRABLE EFFECTS	Trivial	Small	Moderate	Large		Varies	Don't know	
UNDESIRABLE EFFECTS	Large	Moderate	Small	Trivial		Varies	Don't know	
CERTAINTY OF EVIDENCE	Very low	Low	Moderate	High			No included studies	
VALUES	Important uncertainty or variability	Possibly important uncertainty or variability	Probably no important uncertainty or variability	No important uncertainty or variability				
BALANCE OF EFFECTS	Favors the comparison	Probably favors the comparison	Does not favor either the intervention or the comparison	Probably favors the intervention	Favors the intervention	Varies	Don't know	
ACCEPTABILITY	No	Probably no	Probably yes	Yes		Varies	Don't know	
FEASIBILITY	No	Probably no	Probably yes	Yes		Varies	Don't know	

TYPE OF RECOMMENDATION

Strong recommendation against the	Conditional recommendation against the	Conditional recommendation for either the	Conditional recommendation for the	Strong recommendation for the
O	O	O		O

CONCLUSIONS

Recommendation
Justification
Subgroup considerations
Implementation considerations
Monitoring and evaluation
Research priorities

QUESTION #24

Should ERAS vs. Conventional Care be used for Foregut Surgery in Elderly Patients ?					
POPULATION:	Foregut Surgery in Elderly Patients				
INTERVENTION:	ERAS				
COMPARISON:	Conventional Care				
MAIN OUTCOMES:					
SETTING:					
PERSPECTIVE:					
BACKGROUND:					
CONFLICT OF INTERESTS:					

Problem Is the problem a priority?								
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS						
 No Probably no Probably yes Yes Varies Don't know 								
Desirable Effects How substantial are the desirable anticipated ef	Desirable Effects How substantial are the desirable anticipated effects?							
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS						
o Trivial o Small o Moderate o Large o Varies • Don't know	No included studies.							
Undesirable Effects How substantial are the undesirable anticipated effects?								
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS						
o Large o Moderate	No included studies.							

o Small o Trivial o Varies • Don't know		
Certainty of evidence What is the overall certainty of the evidence of e	effects?	
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
o Very low o Low o Moderate o High • No included studies	No included studies.	
Values Is there important uncertainty about or variabili	ty in how much people value the main outcomes?	
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
 Important uncertainty or variability Possibly important uncertainty or variability Probably no important uncertainty or variability No important uncertainty or variability 		
Balance of effects Does the balance between desirable and undesi	rable effects favor the intervention or the comparison?	
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
 o Favors the comparison o Probably favors the comparison o Does not favor either the intervention or the comparison o Probably favors the intervention o Favors the intervention o Varies o Don't know 		
Acceptability Is the intervention acceptable to key stakeholde	rs?	
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
o No o Probably no o Probably yes o Yes o Varies • Don't know		

Feasibility Is the intervention feasible to implement?							
JUDGEMENT	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS					
o No o Probably no o Probably yes o Yes o Varies • Don't know							

	JUDGEMENT							
PROBLEM	No	Probably no	Probably yes	Yes		Varies	Don't know	
DESIRABLE EFFECTS	Trivial	Small	Moderate	Large		Varies	Don't know	
UNDESIRABLE EFFECTS	Large	Moderate	Small	Trivial		Varies	Don't know	
CERTAINTY OF EVIDENCE	Very low	Low	Moderate	High			No included studies	
VALUES	Important uncertainty or variability	Possibly important uncertainty or variability	Probably no important uncertainty or variability	No important uncertainty or variability				
BALANCE OF EFFECTS	Favors the comparison	Probably favors the comparison	Does not favor either the intervention or the comparison	Probably favors the intervention	Favors the intervention	Varies	Don't know	
ACCEPTABILITY	No	Probably no	Probably yes	Yes		Varies	Don't know	
FEASIBILITY	No	Probably no	Probably yes	Yes		Varies	Don't know	

TYPE OF RECOMMENDATION

Strong recommendation against the intervention	Conditional recommendation against the intervention	Conditional recommendation for either the intervention or the comparison	Conditional recommendation for the intervention	Strong recommendation for the intervention
0	0	•	0	0

CONCLUSIONS

Recommendation

Nissen, esophagectomy, PEH

May not have a lot to gain from pushing for more ERAS - Nissen already leaves early hard to improve, Esophagectomy limited data in elderly patients, let alone ERAS

Justification

Subgroup considerations

Implementation considerations

Monitoring and evaluation

Research priorities